

All virtual courses include a state mandated virtual synchronous session at least once per marking period. These sessions will be scheduled and facilitated by the course instructor.

## Family and Consumer Sciences

### HUMAN DEVELOPMENT and FAMILY STUDIES (.5 credit)

#### Grades: 9-12

Students in the Human Development and Family Studies course explore the basic information about human development, parenting roles and strategies, and functioning effectively within the family in today's changing and complex society. This course helps students to develop competencies related genetics, family types, and effective communication. They investigate the ways in which humans develop over their lifespan, human relationships, child care, and child abuse. Students also learn the importance of creating a nurturing and caring home environment.

### LIFE SKILLS: Navigating Adulthood (.5 credit)

#### Grades: 9-12

What do you want out of life? How do you achieve your dreams for the future? These can be difficult questions to answer, but they don't have to be with the right tools. Learn more about yourself and prepare for the future through goal setting, decision making, surviving college and career, and how to become a valuable contributing member of society. It's your life; make it count!